

# 2025 Harvest Box

Riverland Family Farms

WEEK 2

## in the box

Italian Basil	bunch
Purple Majesty Potato	1.5lb
Shallots	1 or 2
Lacinato Kale	bunch
Snap Peas	pint
Spinach	½ lb bag
White Spring Onion	bunch
Cherries	pint

## Lacinato Kale

Lacinato Kale is often called Dino Kale because of its bumpy, textured leaves. The leaves are long, dark green, and have deep, bumpy ridges that resemble the rough, scaly skin of a dinosaur, particularly the bumpy appearance of a dinosaur's hide.

Unlike curly kale, Lacinato kale has a slightly sweeter taste. It's perfect for everything from sautéing to adding to soups, salads, or even smoothies. Lacinato Kale's robust, hearty leaves are perfect for holding up in cooking, meaning it's often a go-to for making **kale chips**—crispy, crunchy, and loaded with flavor!



## recipe ideas

please visit farm website for

[recipe ideas](#)

<https://www.riverlandfamilyfarms.com/csa-newsletters-recipes>