



## POLITICS CLOSE TO HOME

Well, that turned out to be one heck of a week!!!! Whether we like it or not, it is difficult to stay out of politics. As long as civilization has existed, some form of government has been around. Traced back as far as 3300 BC, civilizations around the world were believed to have a central government to oversee taxes, healthcare, trade, economy, education, urban planning etc. These ancient practices have survived for thousands of years, and are still keeping the globe (and our head) spinning.

I was too young to vote in India, but politics was close to home. We lived in a farming village that housed about 500 families. Each village has a governing cabinet called Panchayat, with 5 cabinet members and a leader. Panchayat is in place to resolve any local disputes and connect with local government to obtain funds for building infrastructure, roads to the village, common well, etc. My grandfather once ran in the cabinet election. Closer to the election there was much work on policy, planning, and campaigning. With so much energy going into the election, it was impossible not to get involved. On the day of the election, we were excited to go to the polling location with our friends, watch every voter walk out with pride after exercising their right, and dream of the day we can wear the indelible ink on our index finger\* and flaunt our democratic privilege. My grandfather won that election and later became the village leader. Most of his time got consumed resolving issues like burnt crops, stolen cows, and disputes between farmers. He was always keen on building better infrastructure for the village, and among other things, helped build a road to the village. Last week as I watched the red-blue map turning, I thought about the election in that Indian village. Although this time the stakes were much much higher and I had no ink on my finger, I was proud to have participated in an election that decided who will build a road to our country's future.

At the farm, preparations for the next year are well underway. We have included cauliflower, carrots, and butternut squash in your harvest box this week. Enjoy!

Until next week, Stay Safe Stay Healthy

Ruby

*\*India and a few other countries use indelible ink marking on a voter's index finger to mark that they have voted and cannot be allowed to vote twice. Ink sets in about 40 seconds, and can't be washed away for 10-15 days.*

## WHAT'S IN THE BOX

- \*Butternut Squash
- \*Cauliflower
- \*Carrots
- \*Ginger
- \*Rainbow Chard
- \*Sweet Potatoes
- \*Cherry-Mix Tomatoes
- \*Shallots

## RECIPE

### Broccoli Cauliflower Casserole

Reference: [allrecipes.com](http://allrecipes.com)

- 2 cups broccoli
- 2 cups cauliflower
- 2 eggs
- 1/2 cup mayonnaise
- 1/2 cup chopped onion
- 1 cup shredded cheddar cheese, divided
- 1/2 cup butter, melted
- 1 package seasoned croutons, crushed

Preheat oven to 350 degrees F. Put broccoli and cauliflower in separate saucepans and pour enough water into the saucepans to cover the vegetables completely. Bring each to a boil and cook until tender, 3-4 minutes. Drain each and mix in a 11X7 inch baking dish.

Beat eggs in a bowl until creamy. Mix mayonnaise, onion, and 1/2 cup Cheddar cheese into the eggs. Pour over the vegetables. Pour melted butter over the cauliflower mixture and top with remaining Cheddar cheese. Sprinkle croutons over the entire dish.

Bake in preheated oven until browned and bubbling, about 40 minutes.

## ABOUT CSA CREDIT

**Please Note:** CSA credit is not transferrable to 2021. Last day to use it is last farmers' market of the year ( November 21st).

If you have CSA Credit and would like to use it this season, here are the options and prices.

Please send an email to [riverlandfamilyfarms@gmail.com](mailto:riverlandfamilyfarms@gmail.com) by Saturday 9 pm to place an order to be picked up with your produce box on Tuesday/Wednesday. All produce subject to availability.

Produce Item	Quantity	Credit Equivalent
Red Potatoes	10 lbs	\$20
Yellow Potatoes	10lbs	\$20
Delicata Squash	14 lbs	\$20
Butternut Squash (available mid Nov)	14lbs	\$20
Sweet Potatoes	7 lbs	\$20
Fresh Ginger	1.25 lbs	\$20
Fresh Turmeric (available mid Nov)	1.25 lbs	\$20
Strawberry	Half Flat	\$20
Strawberry	Full Flat	\$35
Extra Harvest Box upon request	1 box	1 credit