

Riverland Family Farms 2022 CSA, Week22



- Bartlett Pears 5 each
- •Leeks 2 each
- •Red Bell Pepper 2 each
- •Autumn Frost Squash each
- •Red Round Radish bunch

- •Arugula bunch
- •Salad Mix 1/2 lb bag
- Carrots bunch
- •Red Onion 3 or 4 each
- Cauliflower or Broccoli each



Cauliflower Leek Soup

- ♦3 tbsp extra virgin olive oil
- \$\delta 2\$ leeks, cleaned and white and light green part thinly sliced
- ♦5 cloves garlic, minced
- ♦1 russet potato, peeled and chopped
- ♦1 large head cauliflower, cut into florets

- ♦ Kosher salt
- ♦ Freshly ground black pepper
- ♦ 2 cups slow sodium broth
- ♦ Chopped Chives, for garnish
- ♦ Crumbled bacon, for garnish



Source: www.delish.com

In a large pot over medium heat, heat olive oil. Add leeks and cook until golden, 4 minutes. Add garlic and cook until fragrant, 1 minute more.

Add potato and cauliflower to pot and season with salt and pepper. Add broth, bring to a boil, then reduce heat and simmer, covered, until potatoes and cauliflower are tender, about 20 minutes.

Remove from heat, and using an immersion blender, blend mixture until smooth. Alternatively, let soup cool slightly, then ladle into a blender.

Season with salt and pepper to taste, then ladle into bowls and garnish with chives and bacon before serving.