# **Weekly Harvest Box Riverland Family farms**



#### CSA-Community Supported Agriculture

CSA movement started a few decades ago and has been a lifeline for farmers across the

globe. It is an opportunity for the growers and for people who like to eat local to join in partnership so that all can benefit. When you buy a share of a farms' harvest in early spring, it helps the farm pay for seeds and other expenses in the slow seasons.

Sign up for Riverland Family Farms CSA and support your local Organic Farm. With each full membership, you will receive a harvest box filled with fresh organic produce for 22 weeks of for 11 weeks!!



#### How does the farm benefit from your membership?

Your CSA membership is a sign of your appreciation for local harvest and your commitment to support a local organic farm. Your membership fee paid in the spring reduces the amount of money we need to borrow to pay for soil amendments, seeds, and labor. Essentially, you are helping us keep the farm running.

#### What's In The Box?

With CSA membership you will receive a Harvest Box for 22 weeks filled with:

⇒ Roots ⇒ Fruits ⇒ Herbs ⇒ Greens

⇒ Newsletter & delicious recipes! ⇒ Vegetables

For reference, here is a list of what was in the box last year. You can expect to see similar selection in 2023 boxes, unless Mother Nature has a different plan.

June		July		August		September		October/ November	
Beets	Chard	Corn	Cilantro	Carrots	Zucchini	Shallots	Cilantro	Radish	Fresh Ginger
Cucumber	Cilantro	Celery	Parsley	Corn	Salad Mix	Sweet Potatoes	Chard	Lemongrass	Leeks
Carrots	Basil	Cucumber	Basil	Eggplant	Kale	Bell Pepper	Basil	Cucumber	<b>Collard Greens</b>
Romano	Kale	Bell Pepper	Chard	Cucumber	Lettuce	Potatoes	Kale	Carrots	Kale
Snap Peas	Lettuce	Potatoes	Spinach	Celery	Parsley	Tomato	<b>Collard Greens</b>	Eggplant	Parsley
Potatoes	Parsley	Spring Onion	Salad Mix	Bell Pepper	Basil	Zucchini	Salad Mix	Onion	Spinach
Spring Onion	Salad Mix	Tomato	<b>Black Currants</b>	Jalapeno	Spinach	Serrano Pepper	Grapes	Shallots	Apples
Tomato	Strawberry	Zucchini	Blackberry	Spring Onion	Grapes	Onion	Strawberry	Squash	Figs
Zucchini	Raspberry	Lettuce	Strawberry	Tomato	Pear	Cucumber	Pear	Sweet Potatoes	Grapes



Season price, if paid in full by <u>March1st</u>

Full Season 22 Weeks Membership

June 4th—October 29th, \$625

Half Season II Weeks Membership

June 4th—August 13th, \$325

#### How To Register

Register Online and select a payment method (RiverlandFamilyFarms.com)

Fill out the registration form. Mail it along with the payment directly to the farm or drop off at our Corvallis Farmers Market booth

**Riverland Family Farms** csa@riverlandfamilyfarms.com

## 2024 CSA Harvest Box Registration Form

RIVERLAND family farms	Name Address, City, Zip: Phone: E-mail:										
Sharing a box? Please include Name & Address of all families											
Select your pick-up site											
South Corvallis, Tu	exander Ave, Corvallis										
NW Corvallis 17th	17th St, Corvallis										
Corvallis Weds. Ma	arket 9am-	roe St, Corvallis									
NW Corvallis Firwo	king lot @ Circle & Firwood										
Albany, Tuesday 3:	30—7pm	1260 7th	Ave SW, Albany								
☐ Holf Coason 11 Wes	How To Register										
□ Half Season, 11 Wee \$300 if paid in full by Ma \$325 after March 1st □ Check: Make check paya □ Card Payment: Via Squ □ SNAP/DUFB: We will e	arch 1st  able to Riverlandare. We will en	mail you invoice. 3%	March 1st	Register Online and select a payment method (RiverlandFamilyFarms.com) OR Fill out the registration form. Mail it along with the payment directly to the farm or drop off at our Corvallis Farmers Market booth							

### More Info @ RiverlandFamilyFarms.com

Paper Copy

Riverland Family Farms
1835 NE Steele Ave, Corvallis, OR 97330

**Newsletter** 

Online

E-mail CSA@Riverlandfamilyfarms.com