

# 2025 Harvest Box

Riverland Family Farms

WEEK 5

## in the box

Italian Basil	bunch
Celery	bunch
Eggplant	1 or 2
Romaine Lettuce	head
Purple Majesty Potatoes	1.5lb
Red Onion	each
Spinach	½ lb bag
Strawberry	pint
Red Slicing Tomatoes	2 each

## Purple Majesty Potatoes

Purple Majesty potatoes were developed in the early 2000s by researchers at Colorado State University. Their goal was to create a potato that was both nutrient-dense and visually striking, with the added benefit of being well-suited to Colorado's high-altitude, drought-prone climate. These potatoes are part of a broader effort to breed crops with functional health benefits—in this case, high levels of anthocyanins, the natural pigments that give them their deep purple color and antioxidant power. While purple potatoes have existed for centuries in South America, *Purple Majesty* is a modern, cultivated variety that combines the ancient appeal of heirloom potatoes with the reliability and yield of contemporary farming.

Purple Majesty potatoes are versatile and flavorful, with a naturally creamy texture and a slightly sweet, earthy taste. Their striking color makes them perfect for dishes where visual appeal matters—but they also hold up well to many cooking methods. They can be roasted, mashed, used as fries or chips, and in potato salads, and chowders.



## recipe ideas

please visit farm website for  
recipe ideas

[www.riverlandfamilyfarms.com](http://www.riverlandfamilyfarms.com)

[csa@riverlandfamilyfarms.com](mailto:csa@riverlandfamilyfarms.com)  
[www.RiverlandFamilyFarms.com](http://www.RiverlandFamilyFarms.com)

